## KEYS TO FINANCIAL HEALTH

## Savings

## 11 Family Savings Goal Worksheet

Small change adds up to big dreams. One way to actively reinforce the habit of saving is to involve your children in the family's saving and budgeting. Get every member involved in the discussion and decision-making process, and write down your goal.

Goal: $\qquad$ Amount Needed: $\qquad$
Target Date: $\qquad$

| Cost-cutting | Family Member | Anticipated <br> Measures <br> (coupons, etc.) | Donations <br> (spare change) |
| :--- | :--- | :--- | :--- | | Actual Amount |
| :--- |
| Savings |$\quad$| Saved |
| :--- |

Week/Month 1 $\qquad$ $+$ $\qquad$ $=\square$ $\qquad$
Week/Month 2 $+$ $\qquad$ $=$ $\qquad$
$\qquad$
Week/Month 3 _ $+$ $\qquad$ $=\square$ $\qquad$
Week/Month 4
Week/Month 5
$\qquad$ $+$ $\qquad$ $=$ $\qquad$
$\qquad$
$\qquad$
Week/Month 6
$\qquad$ $+$ $\qquad$ $=$ $\qquad$

WeekMMonth 6 $\qquad$ $+$ $\qquad$ $=$ $\qquad$
$\qquad$
Week/Month 7 $\qquad$
$\qquad$
$\qquad$
$\qquad$
Week/Month 8 $\qquad$ $+$ $\qquad$ $=$ $\qquad$
$\qquad$
Add Weekly Anticipated Savings Totals to determine Estimated Savings Total
\$ $\qquad$

Add Weekly Amounts Saved for Grand Total Savings
\$ $\qquad$

Have you met your savings goal in the "Anticipated Savings" column? If yes, congratulations! If no, consider ways to expand your cost-cutting measures and/or increase family member donations. Then re-enter the new figures in the appropriate spaces above. Good luck with your family savings goal!

